



# behavioral charter

*I do not fight with my heart, I fight with my head*

*I respect the Maitre d'Armes,  
I always call him "Maitre" before any request.*

## BE ON TIME

Arrived 10 min before the start of the course to change yourself, warming up help the Maitre d'Armes and be ready for the beginning of the course.

## DURING THE SESSION

- ☞ I am attentive to the Council of the Maitre d'Armes and I apply its instructions.
- ☞ I have to play with all participants: whatever his level, his age, every opponent is a source of learning.
- ☞ I take care of my equipment and the belongs to the club.
  - ☞ I calmly express myself without insulting
- ☞ I don't use my cell phone

## AT END OF SESSION

- ☞ I stretched myself properly.
- ☞ I pack away the material given to me.
- ☞ I remain disciplined (polite) in the changing room.

## IN THE COMPETITION:

- ☞ I reply in the right time to organizational messages and I keep my commitment; I old my license, my equipment, i pay my participation fee before the competition.
  - ☞ I accept the decision of the referee.
  - ☞ I learn more from my defeats than from my victories.
- ☞ I express my belonging to the club, by wearing his colors.

## THE CLUB LIFE

- ☞ I invested for future generations by supporting youth.
- ☞ Training for refereeing, I allow my club to send shooters in competition.
- ☞ I participate in the club life by: preparing the competitions rooms organized by my club proposing my help for all the public events organize by my club.